Please note due to the AHPCSA's treatment (benefits) Mandate/policy, we are not allowed to describe the benefits regarding all of these treatments offered especially @ e.g. **T**he **Counselling & Wellness Centre PTY LTD / T/A Aluschka V Heerden Psychological Counsellor & Wellness Therapist. It is known facts that massaging could e.g. Benefit patients suffering from cronic/accute conditions such as arthritis, emphysema, ADHD/ADD, HIV, cancer, Parkinson's; e.g. Treating the sciatic nerve on the big toe via reflexology etc. Within aromatherapy regards this modality not only stimulates the brain through nice essential oils or perfumes, but  it is medicinal for all sorts of conditions! 4 more on the different therapies (& various body/mind/soul benifits) out there e.g. Wine bathing, couples massaging etc contact Counselling & Wellness Centre!**